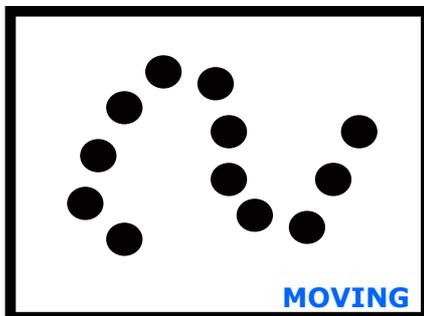
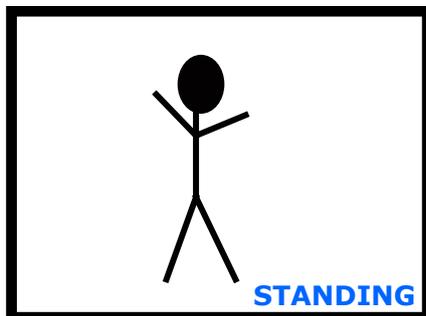


## 7 Reasons To Do Classbuilding



The three critical aspects which define a classbuilder are:

1. **Standing**
2. **Moving**
3. **Work with all.**

**If using fun content '1 time per week'.  
If using academic content 'as needed'.**

### 1. Build Positive Student Relations

The corner stone of a positive relation with someone is getting to know them as a person. When students get to know their classmates, they are more likely to respect them as individuals. They are more likely to understand others for who they are, rather than judging them for how they appear. Understanding others is a key life skill. When classmates truly feel they know each other, and others know them, they build friendships and positive interpersonal bonds. Working together then becomes more productive.

### 2. Enhance Classroom Climate and Have Fun

Classbuilding is a fun, interactive process. Classbuilding creates more liking for class and school. Classbuilding creates a nonthreatening tone in class that sets the stage for effective learning.

### 3. Reduce Discipline Problems

Channel students' energy in a positive, engaging way, and watch discipline problems disappear. If students' needs for attention and interaction are being met, they are less likely to need to act out or become disruptive. Interpersonal conflicts are also reduced if students build positive relations with one another.

### 4. Increase Motivation and Learning

When students feel like they are respected by their classmates and enjoy class more, motivation is boosted and enhanced learning and achievement result.

### 5. Promote Diversity Skills

As our classes, schools and society become more pluralistic, the ability to work with, tolerate, respect, and appreciate diversity become more important for success. Classbuilding provides a model in your class for how to work together successfully- life skills for an increasingly diverse society.

### 6. Develop Synergy

When students experience that two heads are smarter than one and have the skills to put their heads together successfully, an amazing synergistic power is released. Through synergy, we do the otherwise impossible.

### 7. Boost Self-Esteem

Through classbuilding, students feel a greater sense of self-worth. They are respected and appreciated for their views. They find commonalities and build solidarity with classmates. Students feel a sense of belonging.